



Anxiety Disorders Association of Canada
Association Canadienne des Troubles Anxieux

The Earla Dunbar Consumer Award

The Anxiety Disorders Association of Canada / Association Canadienne des Troubles Anxieux (ADAC/ACTA), a registered Canadian non-profit organization whose mission is to promote the prevention, treatment and management of Anxiety Disorders and to improve the lives of people who suffer from them, is pleased to announce the creation of *The Earla Dunbar Consumer Award*. Ms. Dunbar was the ADAC/ACTA Consumer Advisory Committee Chairperson since its inception in 2002. During her tenure, she was an active spokesperson, creating awareness about the challenges associated with living with an anxiety disorder. In her quest to remove stigmas and educate those suffering with disorders, the medical community and the general public about the various disorders, Earla Dunbar was and remains a shining example of courage and determination.

In the early spring of 2009, Ms. Dunbar stepped down from the ADAC/ACTA Board of Directors so that she could pursue new challenges and help other organisations in need of a strong voice. ADAC/ACTA is honouring Earla Dunbar's legacy with this award. The recipient of the annual award will be a person who has experienced and has overcome the challenges of living with anxiety disorders. This person has used his/her experience to help others and by doing so has contributed to the understanding of anxiety disorders and has made efforts to reduce the stigma associated with it.

We invite you to nominate someone who you feel has made a difference in his/her community whether by helping one person or hundreds of people gain a better understanding and acceptance of those living with anxiety disorders. Simply fill in the nomination form, including contact information for the person nominated as well as your contact information along with a short explanation (500 words or less) of why you think your candidate is deserving of the award.

All nominations must be received by 11:59p.m. on February 1st, 2010. The winner will be invited to accept the award in person in Vancouver at a Free Awareness Evening open to the public, on April 22, 2010 at 7 p.m.. Transportation to and from Vancouver from the winner's home town and two nights hotel accommodation will be provided by ADAC/ACTA and the award sponsors.

READ EARLA'S STORY



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Nomination Form

I would like to NOMINATE:

Name:

Address:

City:

Province:

Postal Code:

Telephone: (daytime)

(evening)

Email:

Nominator:

Name:

Address:

City:

Province:

Postal Code:

Telephone: (daytime)

(evening)

Email:

Relationship to candidate:

Where did you hear about the Award?



Anxiety Disorders Association of Canada
Association Canadienne des Troubles Anxieux

Why I think this is a good candidate for the Earla Dunbar Consumer Award:

(please write a short note about why you think this is a great candidate for the Earla Dunbar Consumer Award, no more than 500 words)

Please submit the nomination:

By email: contactus@anxietycanada.ca : please write Earla Dunbar Award in the subject
or

By Mail: ADAC/ACTA
The Earla Dunbar Award
P.O. Box 117, Station Côte-St-Luc
Montreal, QC, H4V 2Y3